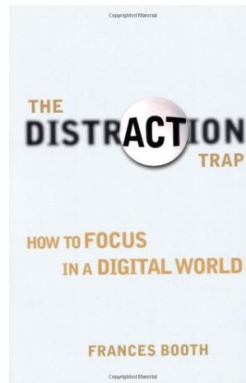


## The Distraction Trap: How to Focus in a Digital World



### Book Review

It is one of my personal favorite publications. It usually fails to charge an excessive amount of. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Mr. David Friesen IV)

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