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Diet Try It - Volume 1 Love: Life Encounters on Trial: Selfless Approaches to Love (Paperback)

By Aqueela Maddox

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Very practical, quick and easy read! Having only 3 chapters, DIET and Try It presents selfless approaches to various life encounters. When dieting, you are introducing a new approach to food, into your current lifestyle of eating. With that in mind, DIET Try It is a series which encourages a new approach to your appetite of selfishness. Each volume presents a different Life Encounter, which encourages readers to approach the life encounter selflessly, one choice at a time! Living a more selfless life increases your quality of living! Every choice one makes becomes evidence and even reproduces in the lives of those around you. So Try, this series on for size! Not as in to make an effort, like many publications encourage readers to do, yet, as in Try the volumes in this series like a case! Put on trial the selfless approaches to each life encounter; dieting from selfishness one choice at a time. Then examine the evidence it produces in your life and those around you! DIET Try It is a life application series for everyday...



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