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Simpler Living Handbook A Back to Basics Guide to Organizing, Decluttering, Streamlining, and More

By Jeff Davidson

Skyhorse Publishing. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 0.0in. x 0.0in. x 0.0in. The ultimate guide to streamlining your life. Life moves too quickly these days, as technology, work, and personal commitments make it almost impossible to relax and enjoy life. Finding yourself stressed over the clutter in your kitchen or the mass of paper in front of your computer. Relax. This book will help. Filled with tips on how to uncomplicate your daily routine, eliminate stress at home and work, and more, this book will help you free up your time so you can once again enjoy doing the things you love. Author Jeff Davidson has compiled more than 1,500 ways to simplify your life. Divided into sections for easy reference, this book will show you ways you can eliminate stress in your home, your personal life, and your professional life. You will learn the six questions you should ask yourself before buying something new, the most efficient way to clean your pots and pans, the pay-ahead technique to get yourself out of debt, ways to make your commute more comfortable, and advice on hassle-free vacation planning for you and your family. Simpler Living Handbook is the...



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